



Unleashing Potential through...

Team re-building & team building

While team building is often seen as a way of bringing teams together, quite often the return on investment is diluted as once the fun is over, the group reverts back to familiar patterns, quite often detrimental to the team.

Team Re-building can be seen as Team Transformation prior to the fun 'traditional' team building activities. Groups of people are frequently referred to as teams; however, a group of people do not necessarily function as a team, thus resulting in conflict, strained relationships and less than optimal performance.

During team re-building sessions:

- ⊗ Team issues are uncovered [other than those known prior]
- ⊗ Roles and goals are defined
- ⊗ Common values and expectations are established/clarified
- ⊗ Effective channels of communication are opened (incl communication styles)
- ⊗ SWOT analysis of the team
- ⊗ Understanding of team dynamics
- ⊗ Contracting to commitment
- ⊗ Strategising & brainstorming... and more
- ⊗ Lots of fun!

Through awareness a group of people can begin the transformation to become an effective functioning team. As the sessions are collaborative and the team defines their responsibility in line with the company's vision; these sessions result in a high level of commitment from the participants.

While the sessions are structured the aim is to draw on the team's knowledge and collaboration to obtain workable, democratic outcomes in a creative and fun way, leaving participants feeling empowered and motivated.

These sessions are great for *older* teams that need to transform or have a new leader/member or for new teams in order for them to become highly effective as soon as possible.

Fun team building activities can follow a team re-building session. We are able to assist with the organising of these activities to best suit your requirements.

To chat further on how we can meet your needs and tailor a program to your environment please contact me.

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Overcome Obstacles – Observe Opportunities – Obtain Outcomes